

# Guided Walks Program Summer 2014

From 8. June to end of September



## General information:

The walks offered by the Wildschönau Tourist Board are free with the Wildschönau Card. For guests not staying in the Wildschönau Valley a charge of € 6 will be made.

## Equipment:

Light sportswear, good walking boots (preferably above the ankle), sun protection (hat, sun cream, sunglasses), rainwear, plenty to drink, light snack such as fruit or muesli bars.

The walks take place in all weathers, but the guide may change the route at short notice if necessary.

## The 3 walking categories:

- A** Easy mountain walk of approx 2 to 3 hrs without considerable altitude differences.
- B** Mountain hike of on average 3 to 4 hrs and with extended and partially steep climbs and descents. A good fitness level is required.
- C** Demanding mountain hike of over 4 hrs with considerable climbs and descents. Very good physical fitness, stamina and sure footedness are required!

The times stated are walking times only. Please make allowances for rest stops and other breaks.

## MONDAY:

### Walk through the high pastures on the Rosskopf Mountain

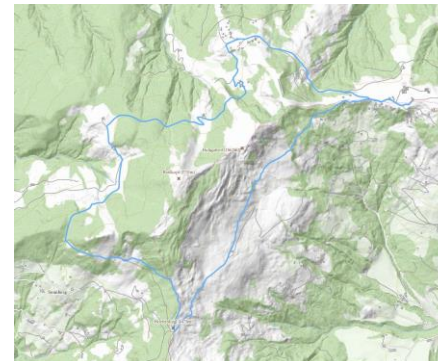
Take the gondola to the top of the Markbachjoch and via Halsgatterl to the Rosskopf Peak. Purple and white crocuses cover the meadows and beautiful yellow globeflowers grow beside the mountain streams. **Don't forget a snack and plenty to drink.** A peek into the tiny Horler Stiege Chapel and the Käse Alm and a rest stop at the Norderberg Alm Hut, then it's back to the gondola for the return trip.

**Walking Time:** approx. 4 hrs

**Category B**

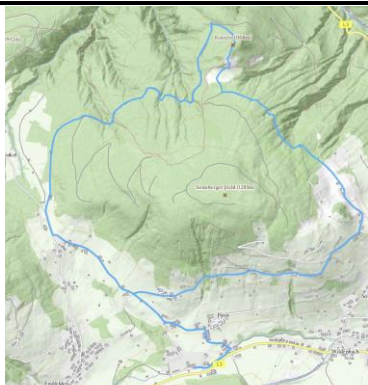
**Guide:** Sonja Seisl, Walter Naschberger

**Meet:** 9.30 am at the bottom of the cable car in Niederau



## TUESDAY:

### Mountain Hike around the Sonnberger Joch and Eisstein



A gentle walk to Zauberwinkel in Oberau and then along the forest path to the demanding Eisstein ascent to enjoy the marvellous view into the Inn Valley. After a short break we continue on towards the lovely farms of Leitschwend and Adelsberg and inspect the alpine flora along the way. **Don't forget a snack and plenty to drink.**

**Approx.** 3 hrs

**Category A**

**Guide:** Sonja Seisl

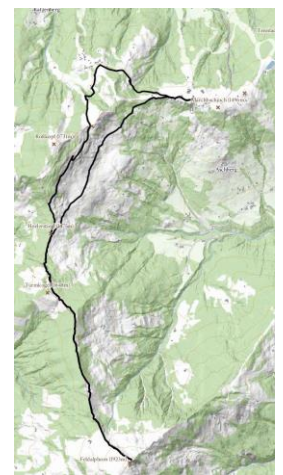
**Meet:** 9.30am Tourist Office



## OR (FOR EXPERTS)

### Walk to the Feldalphorn Mountain

We take the Gondola to the top of the Markbachjoch and walk via the Käsealm and the Horler Stiege Chapel to the Feldalphorn Peak (1920m). From here we enjoy the breathtaking views of the surrounding Alps. Our descent takes us back via Halsgatterl, Norderberg to the gondola in Niederau.



**Walking Time:** approx. 5 hrs

**Category C**

**Guide:** Walter Naschberger

**Meet:** 9.30 am at the Markbachjoch lift in Niederau.

## WEDNESDAY

### Mountain Walk to the Schatzberg and Joel Spitze

We take the cable car to the top of the Schatzberg Mountain and start our walk at 1903m to the Joel Spitze. Enjoy fantastic views on the way into the Alpbach and Inn Valleys. We make a stop on the Joel peak at 1964m to enjoy the peace and take refreshments (**please bring a packed lunch with you**). We return to the Schatzberg via the Gern Alm and take a refreshment break at the end of the walk in the Schatzberg Alm.

**Walking Time:** approx. 3.5/4 hrs

**Category B**

**Guide:** Walter Naschberger

**Meet:** 9.45 am at the Schatzberg lift in Auffach.

Bus from Niederau Harfenwirt at 9.24 am



OR

### Family walk for (with children of 4 and over) around the Thierbach Kogl From 7. July to 12. September 2014

Minimum of two families - max. 20 people.

This easy walk takes us to idyllic Thierbach, passed beautiful farms and into the woods where a lovely playground has been build under the trees. The route has been newly renovated to teach guests a little about nature and the way of life in the Tyrolean mountains.

**Please take plenty to drink and a packed lunch with you**

We organise a little quiz for the kids at the open air theater (with prizes!) and then meander back to Thierbach.

**Walking Time:** approx. 2.5 -3 hrs

**Category A**

**Guide:** Sonja Seisl

**Meet:** 11.45 am Thierbach Church

You can take the Bummelbahn to Thierbach.



## THURSDAY:

### Panorama walk to the Kragenjoch Mountain

We start at an altitude of 938 m, highest point 1356 m, continuous climb, partially steep.

Take the Minz path from Oberau up to one of the loveliest view points in the valley, the Boarstadl hut. A further 20 minutes uphill and we come to the Achenal hut. From here it's just a short ascent to the wonderful Kragenjoch peak. We stop into the hut on the way back for a well-earned rest. Our return journey takes us through blueberry fields and mountain moors back to Oberau.

**Walking Time:** approx. 4 hrs

**Category B**

**Guide:** Sonja Seisl

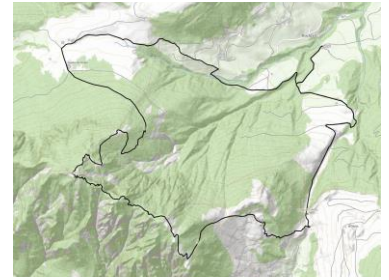
**Meet:** 9.45 am outside the bank in Oberau.



## OR (FOR EXPERTS)

### Hike to the Gradlspitz Mountain in Thierbach

The Gradlspitz is a fascinating limestone mountain between the Wildschönau and Alpbach. Not so long ago it was mined for silver and copper and the old Lehenlahn mine can be visited today. Our walk starts in Thierbach and takes us past the Klinglerhof Hotel to the Hösljoch with its chapel. We can see the remnants of the mining shafts. Alpine rhododendrons and mountain pine grow at this altitude. We reach the peak and enjoy views of the Karwendel and Ziller Alps. We take a rest stop at the Holzalm hut and return to our starting point at the Klinglerhof.



**Walking Time:** approx. 5 – 6 hrs

**Category C**

**Guide:** Walter Naschberger

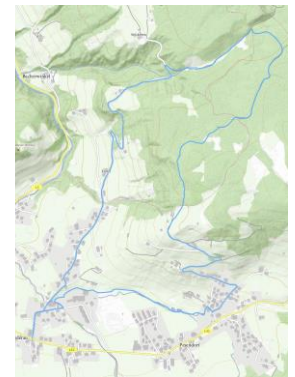
**Meet:** 9 am in Mühlthal to organise transfer to Thierbach. Possible taxi fare to Thierbach.



## FRIDAY:

### Explore the local flora and fauna on the Filzmoos Moor in Niederau

The Filzmoos Moor on the Niederau Bruggberg is a wide plateau which offers a fascinating insight into the alpine plant and animal life. Frogs, dragonflies, butterflies and song birds can be observed in this untouched biotope. Afterwards you can watch the deer in a nearby deer park. The gentle walk takes us north to Stockeben through the fragrant pine forests full of bilberries. After about an hour and a half we reach the moor at 1000 m altitude. **Please bring a packed lunch and plenty to drink with you.** We return via Klausen and back to Niederau.



**Walking Time:** approx. 3 hrs

**Category A**

**Guide:** Sonja Seisl

**Meet:** 9.30 am at the Markbachjoch cable car in Niederau.

**Bookings:** In the Tourist Office by phone or directly on tel. +43 (0) 5339 8255 by 5 pm the day before at the latest (on Sunday by 12pm). Please give your name, hotel and number of participants.

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